



NEWS RELEASE

FOR IMMEDIATE RELEASE

Raid the North Extreme Looking for Local Volunteers

TORONTO, ON. – May 22, 2002. Frontier Adventure Racing Inc., Canada's premier adventure racing company, is looking for a number of local volunteers to assist in the management of Raid the North Extreme – the 6-day adventure race that is scheduled to take place in Whitehorse, August 25-30. More than 120 volunteers will be needed in total for an event of this magnitude, and although many volunteers travel from out of town to participate, organizers prefer to work with local volunteers who are familiar with the area.

“Because of the size and magnitude of Raid the North Extreme we require a large team of volunteers to help keep the race running smoothly and safely,” said Nancy Marshall, Raid the North Series Manager. “We have a variety of positions available at our race, including checkpoint staff and medical crew. All positions offer some unique challenges and rewards, and are suited to all different types of individuals.”

The following is a list of major roles available at Raid the North Extreme:

Checkpoint Staff

Checkpoints are specific locations on the course that all teams must pass through. The role consists of setting up the checkpoint, recording each team arrival and departure times, as well as their general condition and then radioing the information to race headquarters.

Remote Checkpoint Staff

This job is similar to the regular checkpoint position, but is usually deep in the wilderness. People wanting this role must be self-sufficient and willing to hike and/or paddle their way into the checkpoint.

Transition Area Staff

Transition areas (TA's) serve as remote bascamps out on the course and are the only areas on the course where teams will be able to re-supply before heading out on a different leg of the race. In addition to tracking competitors, transition staff will also be responsible for coordinating gear transport.

Basecamp Staff

Basecamp is located at the finish line (in Whitehorse) and serves as the command centre for the whole race. All team progress reports are relayed back to basecamp and entered into the master time tracking spreadsheet and onto the spectator leader board. Teams must be tended to as they cross the finish line and equipment needs to be managed. Basecamp is certainly more comfortable than a checkpoint, but has plenty of action. It is a good choice for those that are not as keen on being out in the wilderness.

Medical Team

Some medical staff assist in search and rescue situations, while the majority monitor and assist teams as they pass through transition areas. Medical staff are assigned according to qualifications.

Volunteering is a great opportunity for those looking to learn more about the sport of adventure racing,” said Marshall. “We have had many volunteers who have come back time and time again, or have gone onto competing in races themselves.”

For more information or to register please visit www.RAIDTHENORTH.com or call Frontier Adventure Racing at 1.877.846.8889.

Frontier Adventure Racing Inc.

Adventure racing is the fastest growing sport in the world, and Frontier Adventure Racing Inc. is leading that growth in Canada with its incredibly popular races and training programs. Now in its fifth year of operation, Frontier Adventure Racing has established an international reputation for solid logistics and challenging racecourses. These non-stop races, ranging in length from 5-8 hour, Salomon Adventure Challenge, 36-hour Raid the North Series and the 6-day Raid the North Extreme, require teams to trek, mountain bike, paddle and negotiate fixed ropes, while navigating an unmarked course through the wilderness. Likened to an expedition with a stopwatch, adventure racing requires teamwork, perseverance and strong navigation and wilderness survival skills.

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